

The Cub News

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The goal: Student success



Brendan Hogan '17
Senior Reporter

"It's crazy. It's chaotic. We hit the ground running."

Even Mr. Rick Bennetts, a school counselor and the coordinator of the peer tutoring program, understands how insane the first few months of classes can be. Courses can be really tough at University of Detroit Jesuit, and many students often find themselves suddenly lost and confused in their studies.

U of D understands this, which is why the school has set up numerous learning assistance opportunities available every single day for any student who wants to utilize them. Whether a student is severely struggling in a class, or just wants a quiet place to study and learn better study techniques, U of D has a place for him.

Before seeking outside help, though, Mr. Bennetts says there's always a first step in a difficult class. "First," he says, "see the teacher. There's not a better tutor for a subject than the teacher teaching the class to you." Bennetts warns that, until this conversation happens, the teacher has no way of knowing that a student wants or needs help or that his grade is, in fact, not up to the student's standards.

After doing this, students have three major resources to help them improve their academic performance: Peer Tutoring, MAGIS, and the Arrupe Learning Center.

The first on that list, Peer Tutoring, is open to all students

grades 7-12. It is the only program that doesn't have any structured time restraints whatsoever, meaning that the tutor and student can meet anytime and anywhere (even outside of school), although lunchtime and time after school are the most common slots for the program. Students and their tutors can also decide how often they want to meet and what subjects they want to study. Because of this flexibility and the unique perspective that peers can bring, Mr. Bennetts believes that this format can be incredibly useful for a lot of Cubs. "It's the same thing he would get from a teacher," he says, "in a relaxed, creative environment."

To join this program, students can see Mr. Bennetts in the school counseling offices in Room 004.

Another tutoring resource at U of D is a program called MAGIS (a Latin term meaning "more"). Mr. Mark Mals, the program coordinator, believes that MAGIS, much like the Peer Tutoring program, has significant impact because of personal relationships. "I have personal contact with every student every day," he says, "It's a full-time job for me." And clearly, whatever he's doing is working, because, right now, 1 in every 5 students is involved in this program.

MAGIS wasn't always like this, though. "Four years ago, MAGIS was considered a punishment," Mals says. "Over the past three years, we've turned it into an opportunity." The change has been significant. Four years ago, only 50 students participated in MAGIS. Since then, that number has more than tripled. A shocking 70% of current attendees, in fact, aren't even obligated to attend because they have low GPA's; they come anyway.

So, what exactly is MAGIS?

MAGIS is a 5 session per day program (before school, during each lunch period, and after school) that provides a place to study and a bank of teachers and NHS tutors to help with any questions students have. There are currently 28 teachers and 31 NHS members that cycle through the sessions, meaning that if a student ever needs help, he should be able to find it in MAGIS.

To check out MAGIS, just stop by one of the MAGIS rooms on the second floor during one of the five sessions, and Mr. Mals will help you out from there.

Finally, U of D offers the Arrupe Learning Center. Located in the new science wing just north of the Ellipse, the Learning Center is open from 7:15 a.m. to 4:15 p.m. and is always "a quiet place to work for anybody who wants to come," says Mr. Dan Spilker, Center Coordinator. The Learning Center, however, serves a far greater service than just being a quiet place in school. The Center also provides seminars, of which it has already provided two and will be providing another

next month. In addition, the Center offers a writing lab throughout the day with English teachers available to help students perfect their essays. And, of course, Mrs. Dawn Shulte, U of D's Learning Specialist, is available in the Learning Center to talk to any students who need assistance.

So, whether a Cub wants to learn to study more effectively, to perfect an essay, to work with Mrs. Shulte, or to simply study somewhere quiet, the Arrupe Learning Center provides a multipurpose space to help all students learn better. To explore what the Learning Center can do, students are encouraged to visit the Arrupe Learning Center and introduce themselves to Mr. Spilker.

No matter where a student is at academically, U of D has a variety of opportunities to help them progress further. Seeking outside help, after talking to the academic teacher, can be enormously beneficial for students. As Mr. Bennetts says, "Sometimes hearing the same information in a different format helps it just make sense."



Senior Kyle Johnson works with Mr. Lauchlan to refine his essay draft.

Fine Arts Cubs shine at Festival



Georges AbouKasm '17
Senior Reporter

U of D Jesuit is known for its stellar academics, sports teams, and clubs, but one area that often gets overlooked is the Fine Arts program. This program consists of the band, which is led by Mr. Christopher Charboneau, orchestra and choir led by Mrs. Michelle Linkous, and art, which is taught by both Mrs. Michele Mooney and Ms. Kristen Rockwell. The music program just performed at their Annual Winter Concert this month, and the results were excellent. A piece dedicated to Father Kiser and specifically composed for the U of D Band was performed. Cubs may know about the marching band or the Choir because of their participation at school events, but the fine arts provide culture to the U of D community which often escapes the view of students.

The art program has a tremendous base at The High, with programs being offered across a variety



Talented Senior Nic Pez finishes his piece in AP Art.

of art-related subjects, from photography, to ceramics, and beyond. Mrs. Mooney says that the art program is moving in a positive direction, but she hopes that there will be more classes available in the future. She thinks the school "has made a commitment to the culture and the kids of U of D" and she wants "students to be able to develop an outlet for their passions; a student's creativity is the most important part of a student's education, and fine arts are a great outlet for students to be able to develop their personality." Nick Pez, a senior in the art program, says that the art classes are very fun, yet there are a few ideas that he wishes the school could incorporate. Nick believes the art program should "have a way to include underclassmen in the world of art, since many can't take art classes; having art contests that include the underclassmen will accomplish two goals: the opportunity for underclassmen to meet others who have the same interest in art and the possibility of gaining recognition for their achievements." Furthermore, Nick shares a common vision with many of the other fine arts students. He says that the programs should be more publicized around the school and he wishes that more students will be exposed to the work that their peers create and enjoy.

U of D's band is nationally-recognized and continues to excite both the student body and visitors to the school. The program's schedule is broken into two sections for the school year. There is the marching band and the symphonic band which meet as a part of the standard class schedules,

and outside of the regular school day, there is the jazz band. The marching band performs at all home football games, receiving the most viewership of the performing groups here at U of D.

Junior saxophone player Daniel Barber, who is a member of the marching, symphonic, and jazz bands, says "my favorite part about the fine arts program is the many friends I've made through music. There are so many talented guys that I've gotten to know over my time in the program." The fine arts program is a way to make new friends with similar interests. Daniel also commented on how much fun the music trips are: "I love being able to hang out with the guys and play gigs on the road." The music groups have traveled to Chicago, Hawaii, Orlando, Cedar Point, and Cleveland, and Daniel is especially "looking forward to the Hawaii trip, which will take place in spring of 2018."

The newest addition to the high school music program is the orchestra, which started five years ago. Mrs. Linkous, the orchestra and choir teacher, says that she loves how the fine arts program as a whole is growing, but she wishes that students outside of these programs would come to performances and listen to their fellow Cubs. These students practice every single day, but the concerts are rarely advertised at school. Students outside of the fine arts program do not know when the concerts are for the music programs.



The Winter Fine Arts Festival was a resounding success!

The first concert of this school year took place at the Open House on November 6 so that future Cub families could get a taste of not only the academics at The High, but also the music and arts departments. The highlight performance by the Symphonic Band, Orchestra, and Choir took place at the Winter Fine Arts Festival this past weekend. Steven Rigg, a senior, notes how "it was just really rewarding being able to have notes flow from my fingers that combine with the rest of the band to create something beautiful." Rigg and Barber both participated in the concert and were extremely thrilled with the performance of "Gloriam," which is a piece Mr. Charboneau commissioned to Dr. Randall Standridge. The piece was written specifically for the band, and the Fine Arts Festival served as the world premiere of this impressive musical piece.

Overall, the students did a fantastic job and should be congratulated for their hard work and excellent success within the music program. Cubs who have never experienced the talents of their classmates should seek to support the music program because as Daniel Barber notes, "We never disappoint!"

Cub Voices



Where do we go from here?



Jonathan Spunar '17
Senior Reporter

For those like myself who supported Hillary Clinton, the election of Donald Trump was a punch in the gut. We could not believe that America would elect a hypocritical, narcissistic, racist, sexist, xenophobic liar to be our next president. Yet the tragedy of this election for me is that none of that mattered. Trump's candidacy went against everything I personally believe. I could fill this entire paper detailing why, but it would not matter to most Trump voters who feel like their jobs were taken away because of free trade. They didn't see a billionaire who made his fortune on the backs of people like him. All they saw in him was a candidate who brought their concerns to a national stage for the first time. They saw a person who promised real change and an end to decades of government policy which left them in the dust. Instead of nominating a change agent like Bernie Sanders, the Democrats countered with the embodiment of what those people hate about politics. Clinton could roll out statistics describing the improving economy or the declining murder rate, but they didn't have any more money in their pockets or feel any safer. Her description of Trump supporters as a "basket of deplorables" reinforced her image as an out-of-touch, coastal elite. Looking back on the campaign, I should not have been shocked as Trump won Michigan, Wisconsin, Pennsylvania, and ultimately the presidency.

The Democratic Party now faces a moment of reckoning after a disastrous election. Democrats cannot simply brand all of Trump's supporters as racists and hope that changing demographics sweep him out of office in 2020. Neither will it be enough to obstruct endlessly for four years like Republicans have for the last eight. Government has to work for the Democratic message to stick. Both Democratic and Republican leaders must finally be willing to compromise

on issues that voters care about. It is encouraging that Trump has advocated for increased infrastructure spending, a measure which has long been stymied by partisan bickering. Now both parties must "drain the swamp" of political gamesmanship and commit to real solutions. However, this does not mean that the Democratic Party must abandon its principles and move blindly to the right. The center-left, neoliberal policies of the Clintons and President Obama have done much to improve our country. Yet they have also left millions of Americans behind economically and done nothing to improve our nation's security. Democrats must commit to a new style of leader, one who can reinvent the party's image. This new group of leaders must understand that most Americans care less about what bathrooms people use and more about the money in their pockets. Clinton puppet Debbie Wasserman Schultz is already out as DNC chair, and her seat may be filled by Minnesota congressman and U of D grad Keith Ellison. This is a fantastic first step, but the central challenge of the next 20 years for the Democrats will be communicating progressive policies to voters in a climate where "liberal" has become a dirty word.

The way forward is much less



U of D Jesuit grad Keith Ellison '81 is a frontrunner to head the Democratic National Committee.

clear for Clinton supporters left dazed and confused by the results of November 8. As Martin Luther King famously said, "the moral arc of the universe bends toward justice". However, it does not bend on its own. The answer for those who oppose Trump is not to move to Canada out of spite. Nor is it to stay in a liberal echo chamber, encouraging hypocritical and baseless recounts and sounding off on Twitter whenever Trump opens his mouth. The answer is to make a renewed commitment to doing justice no matter what the government in Washington does. This election must lead to discussion among all groups in this nation which then leads to action. Despite the rantings and ravings of our president-elect, it must lead to a political debate which recognizes truth and the dignity of every person. It must produce leaders up and down the ballot who do what is right for our nation, not just what is popular. If these things come to fruition, the answer to "where do we go from here?" will be clear: toward a more perfect union.



The political parties must seek unity following the election.

Family shares election concerns



Robert French '20
Reporter

Following the presidential election that took place on November 8, the United States remains divided on a variety of issues that must be resolved for unitive progress to be made. One considerable area of debate centers around Muslim citizens and the religion as a whole, as some Americans (the President-Elect included) believe that Muslims pose a serious threat to the security of the nation. In response to the election of Donald Trump, the ten days following the election saw 867 hate crimes reported. Clearly, many people feel validated by the election of President-Elect Trump and have used his election as an opportunity to carry out their personal agenda. For one Muslim family, America is a frightening place. The land of the free is becoming the land of the frightened for Muslim Americans, and many are left wondering what the next step is. What are the impressions of a Muslim family, a family that has been in the United States long enough to attain citizenship and have children born in this country?

52-year-old Khaled ElSayed, a cardiologist, lives in Sylvania, a suburb of Toledo, Ohio. He hails from Cairo, Egypt, but has lived in the United States for thirty-two years. He is a U.S. citizen, he pays his taxes, and he has a U.S. passport, just like his neighbors and other citizens throughout the country. He has an American wife and three children, all of whom hold pride in their citizenship as Americans.

Moving from Egypt, Khaled is very impressed with the American democratic system. In Egypt, various groups rig the elections, falsify

votes, and bribe, cajole, threaten, or kill politicians. He says the American system could use some adjustments, but the people's will is always represented.

For the past year or so, Khaled has watched the nation steadily go down a path of nationalism, isolationism, and reactionary fervor. When asked about his opinion on the election, he responded, "I'm just disappointed."

After the election, the ElSayed family received a robocall on their home phone, inquiring about their religious affiliation. Khaled says that while he was not afraid, he has lost a sense of security. He is grateful that his children have not been verbally attacked by their classmates.

Khaled would like to say one thing to everyone who supports Trump: "In life we are all faced with choices, and it's important that instead of focusing on the short term, we should focus on the big picture and longer-term prosperity."

This long term prosperity is built through immigrants and their families, Khaled and the ElSayed's being just one example. A diverse group of cultures, religions, and overall ideologies has helped America transform into a land of opportunity and freedom for all; a unique place where all people are equals. At the moment, however, this equality does not extend to immigrants who are in search of the American dream. Stories like Khaled's remind people that immigrants are more than a stat, more than a label, they are hardworking people with families who depend on them, and most importantly, human beings who deserve respect and support.



The ElSayed Family

Cubs support No-Shave November



Luciano Marcon '17
Senior Reporter

"It's the most wonderful time of the year" - December has started, and that means the end of No-Shave November. Over the past month, many Cubs grew out a mix of mustaches and beards. *The Cub News* asked participating students about their thoughts on how No-Shave November went. Matt Lujan '17 said, "I did No-Shave November for a couple reasons. First is because I just like changing things up a bit. The second reason is to raise awareness for cancer and other men's health issues."

Casper Padilla '17 told *The Cub News*, "I've always thought No-Shave November is fun, and it's for a good cause." Overall, No-Shave November was a success at the High, and it is bound to grow in the coming years.

Although this No-Shave November went well at U of D Jesuit, it is merely the first step towards making a profound impact on the community at large. Mrs. Chekal, School Librarian, came up with the idea of doing No-Shave November as a fundraiser for future years and to "have a contest to vote on who has the best beard or have students guess whose beard is whose. Contestants would pay an entry fee and



Senior Casper Padilla participated in No-Shave November this year!

all money raised would be a 50/50, with the winner getting a prize and the rest being donated to a charity like the Prostate Cancer Foundation." Along with donation possibilities, No-Shave November is also a great opportunity to share more information with students regarding important health issues, and implementing these changes would ensure a more collaborative effort to fight cancer and other diseases.

As a whole, No-Shave November brought a change to U of D as students and faculty alike showed their support by growing out their facial hair. In the future, participation is expected

to grow, and with this increased support, the U of D community can make a greater impact on helping raise awareness for a great cause.



Luciano shows off the new auction puppy while sporting his beard for men's health initiatives!

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Do you have comments or feedback on any *Cub News* article? Sound off by writing to Ryan Cullen, Editor-in-Chief, at: rc205761@student.uofdjesuit.org

On behalf of the entire *Cub News* staff, we wish you all a Merry Christmas and a very happy holiday season! We hope that you have enjoyed the first semester of the paper and we look forward to improving throughout the duration of the school year!

What's Happening at The High

Senior Service opens doors of friendship, awareness, knowledge, and empathy



Carter Boyle '17
Senior Reporter

Since the 1970's, U of D Jesuit seniors have been going out to help Detroit and the communities surrounding the city in a tradition known as Senior Service. Senior Service works to assist schools, hospitals, soup kitchens, and special needs centers. This year the class of 2017 will be assisting at over 45 sites. Through Senior Service, U of D Jesuit hopes to live out the words of St. Ignatius so that we may "give, and not count the cost; fight, and not heed the wounds; toil, and not seek rest; labor, and not ask for rewards".

I started my Senior Service experience this year and I was assigned to the Lamphere Center, a special needs center in Madison Heights. At first I was terrified; I had never worked with disabled people and I had no idea what to expect. My time at the Lamphere Center has been enlightening and has completely negated any prior judgements I had about disabled people.

The Lamphere Center is a special needs institution that is connected to Page Middle School in Madison Heights. The center works with people who have a variety of mental, physical, and emotional disabilities. The staff there is amazing and they really understand their

students. One day I was talking to an assistant named Mrs. Carol. We were talking about my plans for college and what I wanted to study. I told her I was thinking about doing something with fashion and she suggested that I talk to a student named Cquat. She said that Cquat also loved fashion and he would be very excited to talk to me.

When I finally met Cquat I was very surprised. Cquat has a rare neurological disorder known as cerebral palsy. Cerebral palsy is caused by brain damage during the development of the brain. It can affect muscle movement, muscle coordination, posture, balance, and reflexes. Cquat uses an electric wheelchair to get around. Cquat also struggles to communicate outside of "yes", "no", and "thank you". As a result, he must use a special device that reads his eyes and allows him to type what he wants to say on a screen. Cquat is extremely smart, though, and has found ways to do what he loves in spite of these many challenges. Matt Toma, the other senior at the Lamphere Center, said "Cquat is an inspiring person who makes me work harder as a person everyday. He works hard to make people around him feel better about themselves, even though he has to wake up everyday and struggle through the obstacles in his life."

I have spent a great deal of time with Cquat since first meeting him through Senior Service. Getting to know Cquat wasn't easy, though. His disability makes any communication very difficult. However, through patience and understanding I have learned a great deal about Cquat. I have learned about his

hopes, dreams and his many struggles. Cquat's dream is to one day be a fashion designer. He is currently working on a women's fashion line called Miss Queen that is inspired by Gucci. Cquat wants to design and sew dresses, pants, blouses, and more. Cquat is also working on a website where he will sell donated designer handbags. Half of the money he makes from the website will be donated to help buy equipment for others with cerebral palsy. The other half of the proceeds will go to fund his clothing line. Cquat has taken online fashion classes at Stratford Career Institute. He also designs shirts for the Lamphere Center. Cquat loves music and incorporates this into some of his designs. Last Wednesday I saw him working on a Motown inspired t-shirt that he also plans to sell.

Cquat has taught me to never judge a book by its cover. Disabled people are often pre-judged and written off as dumb or useless. I judged Cquat when I first saw him. I didn't see the brilliant fashion designer that I see now; I saw a person in a wheelchair who couldn't talk.

Cquat has inspired me too. As someone who also wants to work in the fashion industry, I have no excuses. It takes Cquat three times as long to write an email. He can't move around freely like I can. It takes Cquat twice as long to even communicate what

he wants, but he is doing it. Cquat never complains. He comes to the Lamphere Center everyday with a positive attitude and the drive to follow his dream. Cquat is an example of why U of D Jesuit places such a high value on social justice. There is value in everyone; you just have to look for it.

If you plan to support Cquat or purchase one of his designs, please do not do it out of pity. Disregard the fact that it came from a disabled person and appreciate the art for what it is. Keep in mind that he had to work twice as hard to create that piece of art. Cquat Taylor is inspiring and I plan to see big things from him in the future. He is currently taking handbag donations and putting the finishing touches on his website.



Cquat is always ready to show off his smile.

University Focus



Michael Kellett '17
Senior Reporter

This month's University Focus examines two schools that are both relatively close to home, one in Ohio and the other here in Michigan, and that are both frequently on U of D Jesuit students' college application lists. Cubs are encouraged to look further into any of the colleges featured in the University Focus and seek more information either online or with the College Counseling Department. Freshmen and sophomores, in particular, are encouraged to begin researching schools early. If you have a college you'd like to see in University Focus, please contact the Cub News staff.

John Carroll University www.jcu.edu

John Carroll University is a Jesuit co-ed university located in University Heights, Ohio, a suburb of Cleveland. It is primarily a liberal arts school although it also offers undergraduate degrees in science and business. The university has been ranked in the top 10 of Midwest regional universities by US News and World report for 25 consecutive years. Its relatively small student body of around 3,000 holds an average high school GPA of 3.5 and an ACT of at least 25. The university's athletic teams play in Division III of the NCAA and have had success across a variety of sports. There are 23 varsity sports teams and they are known as the "Blue Streaks".



Albion College www.albion.edu

Albion College is a private liberal arts college located in Albion, Michigan. It was founded in 1835 as an affiliate college of the United Methodists. Since 2013, Albion has been ranked in the top 100 liberal arts colleges in the country by US News and World report. A small school with just under 2,000 students, some of the popular majors at Albion include accounting, environmental studies, and business. Their athletic teams are nicknamed the "Britons" and play in the Michigan Intercollegiate Athletics Association of NCAA Division III. The school's varsity sports include basketball, football, soccer and cross country, among several others.



Pistons make the move Downtown, exciting both fans and businesses



John Cullen '19
Reporter

For basketball fans here at U of D Jesuit and in the metro Detroit area, Christmas has come early. Detroit Pistons owner Tom Gores announced the news at a press conference on November 22 that the team will be moving back to downtown Detroit. They will be joining the Detroit Red Wings in the brand new Little Caesars Arena starting in the 2017 season. This move has excited many fans, especially those who have not been motivated to make the trek all the way to Auburn Hills to watch the Pistons play. The news also makes Detroit the only city to have all four major professional sports teams playing downtown. The Detroit Tigers play at Comerica Park, the Detroit Lions play at Ford Field, and upon completion of the new Little Caesars Arena, now both the Detroit Red Wings and the Detroit Pistons will play in the neigh-

borhood of downtown Detroit!

With a team full of young players, moving in the right direction, it is only right for the Pistons to join the rebuilding currently underway downtown. The atmosphere in the city is alive and full of enthusiasm. Every day there seems to be a new restaurant or retail shop opening. Just last month, Under Armour announced it would locate a brand new, 17,000 square foot store – a "Brand House" – on Woodward Avenue, right near the current Nike Store, in the spring of 2017. This should create some good competition in the D!

With a team that has been below average in recent years, the long drive for many fans has been enough to dissuade them from going to Pistons games and The Palace, one of the top rated stadiums in the NBA but now also one of the older stadiums, oftentimes less than full on game nights. At this point, there has been no word on what will become of the venue when the Pistons head downtown. The Palace sits on prime real estate in Auburn Hills, a city in northern Oakland County. Some speculation suggests that it could remain as it currently stands,

primarily being used for concerts, while others propose that perhaps the building could be demolished and the site repurposed entirely. Time will tell but Gores and local government officials have said that they intend to move quickly to find a new use for the site and they will not allow it to go through the same issues that Tiger Stadium or the Pontiac Silverdome went through when they were vacated by teams for new venues.

So fans can look forward to even more excitement in downtown Detroit, and residents of the city who have long felt the Pistons belonged in Detroit for basketball are happy as well. There will certainly be economic benefit with the Pistons playing downtown and it will create even more days and nights when the streets of Detroit will be bustling with people ready for some "Dee-troit basketball."



The move back to the city was made official at a press conference on November 22.

Class of '17 begins Letter of Intent process

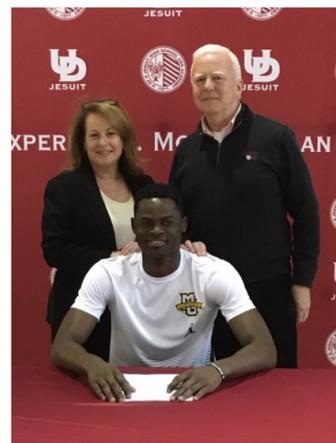


Garrett Zabinski '18
Reporter

As the basketball season gets underway, the U of D Jesuit community is proud to recognize the accomplishments of two senior basketball players. This year, the school is celebrating the success of Greg Eboigbodin and Ike Eke, two student athletes who helped bring a state championship to U of D in 2016. Both Nigerian-born big men have earned college scholarships for next season. While Greg and Ike have received offers, they will,

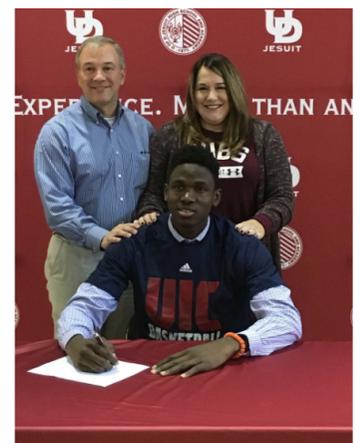
unfortunately, not be attending the same school. Eboigbodin will be attending University of Illinois-Chicago and Ike is taking his talents to Marquette University.

Junior Patrick Kirby, a member of the U of D team, is looking forward to playing with Greg and Ike in their final season. "I've never been so happy and so sad at the same time," said Kirby. The person who could not have said the farewell any better, Ike himself, "It's just how life goes on. You establish a connection with someone or something. Then there comes that time where your time has run up and it's time to leave. I'm going to miss it here. Yet, I'm also happy that I'm moving on in my career. Thank you U of D."



Ike signs his letter of intent to Marquette. His host family Jim and Katie Adams have supported him through the process!

For Greg and Ike, it's been a long road but success has resulted from their hard work and dedication. Eboigbodin, from Benin City, Nigeria, and Eke, from Enugu, Nigeria, certainly aren't your normal every day U of D students. When they first arrived at U of D, they had to follow MHSBA rules and were not allowed to play basketball their freshman year. Then as sophomores, they began to make their mark. Just last year, U of D won its first state championship in basketball with their help. With the loss of Cassius Winston, Matt Schearer, Cedric Mutebi, and Alex Reeves, Coach Pat Donnelly will rely heavily on his two senior big men this season as the squad chases another state title.



Greg will be taking his talents to UIC. Dave and Karen Mitchell, his host family, look on proudly as Greg makes his big decision!

Sports and Culture

Hot Takes: Agree/disagree?



Peter Loch '19
Reporter

a bit of help from, in my opinion, an All-Star, Tobias Harris. This guy is a lights out shooter and you always need to keep a hand in his face. Also the Eastern Conference is very poor this year; the only decent team besides the Cavs is the Raptors, but the Pistons will make sure not to let Drake get in their head. Stay woke with Detroit Basketball.

Super Bowl this year will be Chiefs vs Redskins

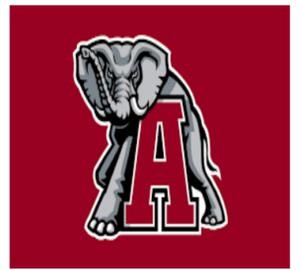
Well first let's start with the Chiefs and their trip through the AFC. The Patriots are a fake team. Bill Belichick decided to trade away half of his defense, and his team will be exposed for it. I think a team like the Chiefs or the Ravens could expose that weakness. The strengths of both

teams are their play action passing games, and I believe that can bring down the Pats defense. The Ravens and Chiefs always play the Patriots tough and it's usually a gritty game. Furthermore, both teams have enough defensive weapons to slow down the aging Tom Brady. The real test for the Chiefs will be their AFC Championship game against Da Raiderz. The Raiders are a team I like a lot with Derek Carr at QB, but the Chiefs will cut through a weak Raider defense (Khalil Mack and Karl Joseph are the only exceptions). Now, looking at the NFC, the Redskins as of right now are not even in the playoffs, but in 3 of their next 4 games they'll be playing teams below .500. Kirk Cousins is emerging as an Elite QB who can carry them into the playoffs. They also have one of the best deep ball threats in the game, Deshaun "DangerField" Jackson. The only issue the Redskins may have is trying to find an answer for Ezekiel Elliott and that Cowboy offensive line. Dez Bryant won't be a factor because he and Josh Norman will both be kicked out of the game for trying to bash each other's head in. I think that already playing the Cowboys twice will help give Ryan Kerrigan and Co. some answers to slow down Zeke the Freak. The final score of the Super Bowl will be 23-19 in favor of the Redskins. Mainly because

it's against the law for Alex Smith to win a Super Bowl.

MSU does not win a Bowl Game in the next 10 years, D'Antonio is getting fired in 3 years and they have no QB or anyone coming in that is spectacular

As we all noticed this fall the Michigan State Spartans put on a less than mediocre season. This team suffered an injury to their defense but in spite of that they still would have been an awful football team. Also the inexcusable performance at QB didn't help. Their biggest win of the year was against Notre Dame who finished their season at a dismal 4-8 record. The Spartans main offensive weapon LJ Scott is most definitely leaving for his payday in the NFL because pro scouts recognize that he is the only player on this team that has any potential. The Spartans have no real recruiting class coming in to spark change in the Spartans. Thus, this poor performance on the field will continue until they can only resort to firing Mark D'Antonio. Sad to say this because D'Antonio is a decent coach, but since Pat Narduzzi hasn't been constructing the defense, the team has not reached that level of talent. Overall, I think MSU is falling into a tailspin they won't be able to get out of. "Little Brother" is alive and well.



The College Football Playoff is coming up and I can't find any reason at all as to why Alabama won't win National Championship

Let's face it everyone, U-M fans, PSU fans, and even maybe some USC fans still think they deserve a spot in the playoff, but no matter the competition, Alabama is going to win the National Championship. Everyone on their defense will be going first round in the NFL draft. Jalen Hurts will win the Heisman next year and Saban is just a madman who cannot lose. He definitely will not let his team filled with Pro Bowlers lose to the likes of Clemson, Washington, OSU, or any other college football team ever. I really wish that I could come up with some elaborate plan where Washington upsets Alabama but it's just not possible. The team can't lose and they won't, the Crimson Tide will be rolling with another National Championship.



Reggie Jackson will be a spark plug for the Pistons.

A day in the life: Nick Parkinson



Elijah Cate '19
Reporter

on an average work day, Nick wakes up in his Royal Oak home at 6:00 a.m. After getting up, he begins his day with a nutritious breakfast of oatmeal with brown sugar and a banana with peanut butter. Nick usually arrives at The High at 2:00 p.m., so he has some time to kill between breakfast and when he has to be at school. He often uses this time to go for a run, get ready, eat a lunch of leftovers, and prepare for work. When he arrives at school, Nick goes to the training room next to the locker room in the main gym and gets ready to tend to the bumps, bruises, and injuries of U of D student-athletes. On a normal day, Nick will tape around four to six ankles as well as work with students who are rehabbing from injuries that keep them out of the game,

including everything from pulled muscles to concussions. During the Fall Sports Season (Cross Country, Football, Soccer, and Tennis), Nick gets home anywhere from 9-10pm. During the Winter Sports Season (Basketball, Bowling, Hockey, Skiing, Swimming, and Wrestling), he will typically end his day around 8:00 p.m. And during the Spring Sports Season (Baseball, Golf, Lacrosse, and Track and Field), Nick will leave U of D at about 6:30 p.m. After his long day of work he comes home to a home-cooked meal by his wife, and then he heads to bed to start the whole cycle over again.

Overall, Nick appreciates the variety that comes with the head trainer's job and enjoys being in an atmosphere as exciting and inclusive as U of D. Nick describes his

role at U of D as an opportunity to "provide exceptional healthcare to the athletes, students and faculty at the school." He likes how it gives him a chance to be creative and help others. And through his work he has developed great relationships with many members of the U of D community.

Clearly, Nick's job goes beyond that of the standard school athletic trainer, and his commitment to helping the

student-athletes at U of D makes him a model "man for others" who displays his commitment every day to helping Cubs be at their best on the field.



Nick works to assist an injured player during the football season.

Holiday Pop Culture Grid

Questions provided by: John Paul Bauer '17	New Year's resolution?	Favorite Christmas tradition?	Summer clothes or winter clothes?	College football National Championship predictions?	Will it snow on Christmas this year?
 Charlie Sznawajs '17	Learn jazz flute	Eating whole rolls of Toll House Cookie Dough	Suns out, Guns out	SCLSU wins the Bourbon Bowl	Global warming isn't real
Fadi Moaikel '17	Save Grosse Ile	Listening to Mr. Maddox sing Feliz Navidad in the Christmas video	Winter	Go Blue!	I'm dreaming of a white Christmas
Caleb Parker '18	Eat more chicken nuggets	Making cookies for the homie Santa	Summer	Lamar Jackson transfers to Western and wins it	Will the 76ers make the playoffs?
Carson Toepfer '19	Stop going to the hospital	#Bowlszn	Summer all year	Huskies beat Bama	No snow this Christmas
Mr. Rizik '10	Finally solving the question, "War, what is it good for?"	Family dinner on Christmas Eve	Winter sweaters for sure	Michigan redeems itself, wins the National Championship, and Harbaugh eats a steak with milk	Obviously